

Diabetes Pakistan

Metabolic Syndrome

1st International Conference in collaboration with



Layallpur
Diabetes
Foundation



Primary Care
Diabetes
Association



Faisalabad
Medical
University



Pakistan Society
of Internal
Medicine



Pakistan
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Family Physician



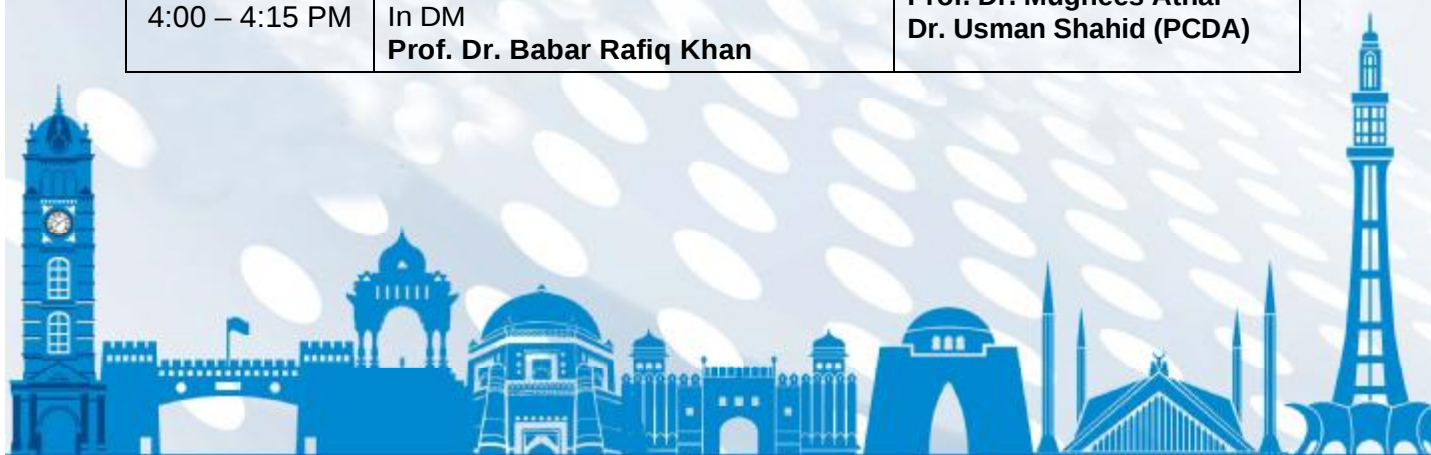
Pak Korea
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AGENDA - DAY I (1st November, 2024 Friday)

SERENA HOTEL FAISALABAD

Lunch by Pharmevo & LDF (2:00 – 2:25PM)

Moderator	DR. UMAIR KHALID	
TIME	TOPIC	CHAired BY:
2:30 - 2:55 PM	Hyperglycemia in Pregnancy Prof. Dr. Karim Kammer ud Din Sponsored By: Pharmevo	Prof. Dr. M. Naeem Prof. Dr. Amir Hussain Prof. Dr. Hanif Nagra Prof. Dr. M. Sarfraz Dr. Badar Al Mustafa Dr. Saida Nazir
3:00 – 3:25 PM	Diabetic Foot Prof. Dr. Jamal Zafar By Ferozsans	Prof. Dr. Zafar Ali Ch. Prof. Dr. Asim Shoukat Prof. Dr. Akmal Sharif Dr. Muhammad Arif Dr. Yousaf Ikraam
Moderator	DR. MUIZZA SHAHZAD	
3:30 – 3:55 PM	Oral Hygiene and Diabetes Prof. Dr. Attiq-ur-Rehman	Prof. Dr. Masood Javaid Prof. Dr. Badar Bashir Prof. Dr. Maqsood Ahmad Prof. Dr. Mughees Athar Dr. Usman Shahid (PCDA)
4:00 – 4:15 PM	Global Perspective Of Mucormycosis In DM Prof. Dr. Babar Rafiq Khan	



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Moderator	DR. YOUSAF IKRAAM	
4:20 – 4:45 PM	T2DM-A less is more approach with iGlarLixi Dr. Uneeba Syed	Prof. Dr. Naveed ur Rehman Prof. Dr. Zahid Miyan Prof. Dr. Zikriya Dr. M. Idrees Shani Dr. Tanveer Hussain
4:50 – 5:15 PM	Mother of all Disease obesity Cardio-Renal Metabolism Prof. Dr. Yusuf Kamal By Macter International / Atco	Prof. Dr. Z.Y. Hashmi Prof. Dr. Saleem (AJK) Prof. Dr. Shahid Abbas Prof. Dr. Rizwan Zafar (LHR) Dr. Badar Al Mustafa (KSA) Dr. Shahid Gill



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INAUGURAL & SCIENTIFIC SESSION

(1st November, 2024 Friday)

7:00PM at Quilim Marquee West Canal Road, Faisalabad.

Moderator	DR. OWAIS FAZAL DR. MUHAMMAD IRFAN	
7:15 PM	Guest to be Seated	
7:20 PM	Recitation of Holy Quran	Engr. Dr. Faizan Hassan
7:25 PM	Naat Sharif (Wo Shehr-e-Mohabbat)	Zohaib Ashrafi
7:30 – 7:35 PM	PCDA President Address	Dr. Zahid Miyan (President PCDA) / Dr. Riasat Ali Khan (President Elect)
7:35 – 7:40 PM	PKNC Introduction	Prof. Dr. Hooria Aamir Dean Basic Sciences, FMU, Focal Person Punjab PKNC Project, Pakistan
7:40 – 7:45 PM	PSIM Address	Prof. Dr. Aftab Mohsin (S.V.President PSIM)
7:45 – 7:55 PM	LDF & PCDA Vision 2030	Dr. Ahmad Shahzad (Chapter Head PCDA Punjab, President LDF)
7:55 – 8:00 PM	President Royal College of Physician Glasgow NHS (Message)	Dr. Aadil Shaukat Consultant Cardiologist Glasgow Royal Infirmary & West of Scotland Regional Heart & Lung Centre Golden Jubilee National Hospital Glasgow, UK
8:00 – 8:10 PM	Pro V.C (FMU) & LDF Patron Address	Prof. Dr. Aamir Shaukat Pro Vice Chancellor FMU, Dean of Medicine & Allied Specialities, Dean of Post Graduate Sciences, FMU
8:10 – 8:20 PM	VC FMU Address	Prof. Dr. Zafar Ali Ch. (VC FMU) Tamgha-e-Imtiaz

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8:20 – 8:55 PM	Address by Chief Guest State of Art Lecture Good Bye Insulin T2DM	Prof. Dr. Javed Akram Founding President PSIM Former Minister of Health Govt. Of Punjab Former V.Chancellor of University of Health Sciences Tamgha-e-Imtiaz
8:55 – 9:20 PM	Lyallpur Diabetes Foundation (LDF) Launching Ceremony & Shield Distribution to Pharma Companies and Vote of Thanks by Dr. Ijaz Anwar	Prof. Dr. Aamir Shoukat Dr. Ijaz Anwar Dr. Ahmad Shahzad
	Gala Dinner and Musical Event	

NOTE: Gala Dinner entry will be strictly on Invitation Card.



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AGENDA - DAY II (HALL 1) (2nd November, 2024 Saturday)

SERENA HOTEL FAISALABAD

Meet the expert Prof. Dr. Yousaf Kamal at Breakfast Session (7:30 – 8:20am)

Moderator	DR. YASIR YAQOOB	
TIME	TOPIC & SPEAKER	CHAired BY
SESSION I		
8:30 AM	Recitation of Holy Quran	
8:35 AM	Naat Sharif	
8:40 AM	National Anthem	
8:45 – 9:00 AM	Diabetes Care and Health Disparities and Health Inequity Greater Role of Health Care Professionals. Prof. Dr. Aftab Mohsin	Prof. Dr. M. Tufail Prof. Dr. Badar Bashir Dr. Badar Al Mustafa (KSA) Dr. Ilyas Shakir Dr. Bilal Javaid
9:05 – 9:20 AM	Pathogenic Mechanisms in Diabetes Mellitus Prof. Dr. Javed Akram	
9:25 – 9:40 AM	Evolving Pathophysiology of Diabetes & CKD and Its Management Prof. Dr. Qazi Masroor By: Nabi Qasim	
9:45 – 10:00 AM	Triple Combination Therapy for Type 2 Diabetes: Achieving Superior Control with Enhanced Patient Compliance Dr. Ali Asghar By: Horizon Pharma	
10:05 – 10:20 AM	Imeglimin – A Novel & Promising Pharmacological Agent Treatment of T2DM Dr. Zahid Miyan By: Horizon Pharma	
10:25 – 10:35 AM	Question & Answer	

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Moderator	DR. MUHAMMAD IRFAN	
SESSION II		
10:40 – 10:55 AM	RELIEF Trial: A multi centre RWE trail investigating the Efficacy and safety of Itopride SR (150 mg) in Diabetic Gastroparesis published in "Drug in Context". Dr. Neeta Maheshwary By: Helix Pharma	Prof. Dr. Zafar Ali Ch. Prof. Dr. Rizwan Zafar Prof. Dr. K.M Yahya Dr. Hassan Akhtar Bukhari Dr. Rai Arif
11:00 – 11:15 AM	Prevention & Management Strategies of Hypertension in Diabetes Mellitus Prof. Dr. Jahanzaib (Quetta)	
11:20 – 11:35 AM	Expanding Horizons for Holistic T2D Management with IDegAsp Prof. Mafauzy Mohamed (Malaysia)	
11:40 – 11:55 AM	Question & Answer	
11:55 – 12:10 PM	TEA BREAK	By: Medlife Pharma
Moderator	DR. IDREES SHANI	
SESSION III		
12:15 – 12:35 PM	Diabetes and Chronic Coronary Syndrome - time for action Prof. Dr. Aadil Shaukat (NHS Glasgow)	Prof. Dr. Abdul Hafeez Ch. Prof. Dr. Hamid Saeed Prof. Dr. Akmal Sharif Prof. Dr. M. Naeem Aslam Prof. Dr. Naresh Kumar Khurana
12:40 – 1:00 PM	T2DM & MASLD An Ominous Nexus Prof. Dr. Zahid Yasin Hashmi	
1:05 – 1:25 PM	Time In Range And Its Implementation In Chronic Care Model Prof. Dr. Aamir Shaukat (Pro VC FMU)	
1:30 – 1:50 PM	Metabolic interplay between T2DM and CVD ;Transitioning from Glucocentricity To a complication Centre approach Dr. Hamed Farooqi Director (Dubai Diabetes Center) Highnoon Sponsored Satellite Symposium	

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1:55 – 2:15 PM	Addressing the hallmark of Metabolic Disorders with Novel GLP-1 Semaglutide Dr. Fawad Randhawa By Ferozsons	
2:20 – 2:30 PM	Question & Answer	
2:35 – 2:45 PM	Concluding Remarks & Lunch By Ferozsons	ALL

AGENDA - DAY II (HALL 2) (2nd November, 2024 Saturday) SERENA HOTEL FAISALABAD

Moderator	DR. MAHEEN SHAHZAD	
TIME	TOPIC & SPEAKER	CHAIR BY
SESSION I		
8:30 AM	Recitation of Holy Quran	
8:35 AM	Naat Sharif	
8:40 AM	National Anthem	
8:45 – 9:00 AM	Diabetes in Pakistan, Trends, Challenges & Future Directions in Epidemiology Dr. Aasima Riasat	Prof. Dr. M. Naeem Prof. Dr. Amir Hussain Prof. Dr. Shahid Rasool Prof. Dr. Khalid Pervaiz Dr. Altaf Ahmad Cheema
9:05 – 9:20 AM	Nutritional Management of Diabetes Dr. Shehla Akram (Ph.D)	
9:25 – 9:40 AM	Hypoglycemia Management Dr. Usman Musharraf	
9:45 – 9:55 AM	Role of Lifestyle Interventions In Managing GDM Prof. Dr. Hooria Aamir	
10:00 – 10:10 AM	Nutrition NIFSAD Prof. Dr. Masood Butt	

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10:15 – 10:30 AM	Therapeutic Inertia in Management of T2DM Dr. Sohail Anjum	
10:35 – 10:45 AM	Beyond Diabetes: Uncovering the Hidden Connections Prof. Dr. Qamar Masood	
10:50 – 10:55 AM	The Interplay Between Obesity, Metabolic Syndrome, and Gestational Diabetes Mellitus: Recent Advances in Pathophysiology and Management Dr. Ali Arif Sponsored By: Hilton Pharma	
11:00 – 11:30 AM	Question Answer	
11:35 – 12:00 PM	TEA BREAK	By: Medlife Pharma
Moderator	DR. AYESHA AYUB	
SESSION II		
12:05 – 12:20 PM	G.I Manifestations of Diabetes Prof. Dr. Mughees Athar	Prof. Dr. Sardar Muhammad Al Fareed Zafar Prof. Dr. Khalid Amin Prof. Dr. Shazia Shaheen Prof. Dr. Arif Maan Dr. M. Farid ud Din (PCDA)
12:25 – 12:40 PM	Optimizing the Game Changer to Overcome the Clinical Barriers Prof. Dr. Karim Kammer ud Din Sponsored By: Pharmevo	
12:45 – 01:00 PM	Cutaneous Manifestations of Diabetes Prof. Dr. Shahid Javed Akhtar Sponsored By: Cell Laboratories	
01:05 – 01:20 PM	Transforming Weight Management Liraglutide 3.0mg Prof. Dr. Ghias Un Nabi Tayyab Sponsored By Novo Nordisk	

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Moderator	DR. AMIN ANJUM	
SESSION III		
1:25 – 1:40 PM	Embarking On New Journey; Impact Of Weight Loss On PCOS Dr. Umar Yousaf Raja (Endocrinologist)	Prof. Dr. Tasneem Tahira Prof. Dr. Noureen Bilal Prof. Dr. Mubashara Prof. Dr. Nadia Awais Prof. Dr. Nazia Musarrat
1:45 – 2:00 PM	Pregnancy & Diabetes – Screening and Implications Prof. Dr. Robina Sohail	
2:05 – 2:20 PM	PCOS and Metabolic Syndrome Prof. Dr. Sardar M. Al Fareed Zafar	
2:25 – 2:40 PM	Pregnancy & Diabetes – Management Issues Prof. Dr. Farrukh Zaman	
2:45 PM	Concluding Remarks & Lunch By Ferozsans	ALL

