

Diabetes Pakistan

Metabolic Syndrome

1st International Conference in collaboration with



Layallpur
Diabetes
Foundation



Primary Care
Diabetes
Association



Faisalabad
Medical
University



Pakistan Society
of Internal
Medicine



Pakistan
Academy of
Family Physician



Pak Korea
Nutrition Center

*News Letter
Volume I*

**Empowering Communities,
Advancing Care:
A Global Approach to
Diabetes Management**

*1st, 2nd
November
2024
Serena Hotel
Faisalabad*

- ➔ Founder of LDF Vision
- ➔ Patron & President LDF Message
- ➔ Diabetes Pakistan Conference Highlights & Speaker Introduction

CONFERENCE SECRETARIAT:

Al-Raheem Clinic: 170 Block B, Sadar Bazar, G.M Abad, Faisalabad.
Cell: 0313-599 1457 | Email: diabetes.pakfsd@gmail.com



Diabetes Pakistan

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"As the Vice-Chancellor of Faisalabad Medical University, I am proud to see our institution collaborate with esteemed partners for this significant diabetes conference. Diabetes remains a major challenge for public health, and through events like these, we continue our mission of advancing medical education, research, and patient care. I commend the organizers for bringing together experts to discuss innovative strategies for prevention and management, further strengthening our commitment to improving healthcare for all."



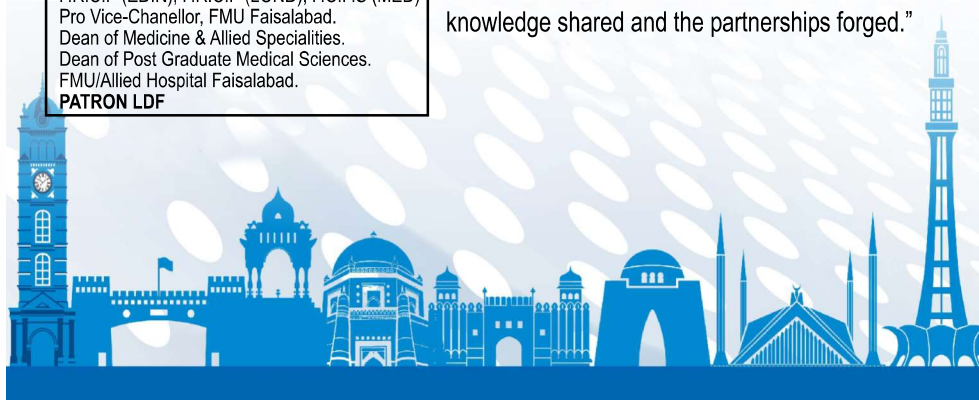
PROF. DR. ZAFAR ALI CH.
VC FMU



PROF. DR. AAMIR SHOUKAT

M.B.B.S, M.R.C.P (U.K)
F.R.C.P (EDIN), F.R.C.P (LOND), F.C.P.S (MED)
Pro Vice-Chancellor, FMU Faisalabad.
Dean of Medicine & Allied Specialities.
Dean of Post Graduate Medical Sciences.
FMU/Allied Hospital Faisalabad.
PATRON LDF

"It is an honor for our Faculty of Medicine and Allied Health Sciences to participate in this critical dialogue on diabetes management. This conference reflects our dedication to interdisciplinary learning and collaboration. By engaging in evidence-based discussions, we hope to bridge the gap between theory and practice, ensuring that our healthcare professionals are equipped to combat the rising tide of diabetes in Pakistan. I look forward to the knowledge shared and the partnerships forged."



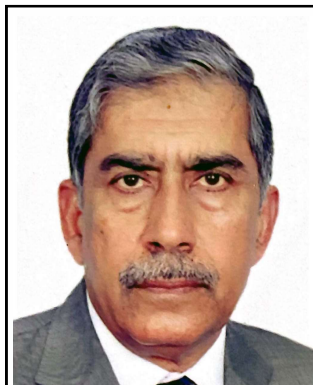
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"As President of the Lyallpur Diabetes Foundation (LDF) and the Pakistan Chapter of Diabetes Association (PCDA), I am thrilled to see this conference come to life. It is not just a platform for scientific exchange but a call to action. Together, we can transform how we address diabetes through collaboration, innovation, and commitment. Our united efforts with FMU, PSIM, and other valued partners will pave the way for a brighter, healthier future for all."



DR. AHMAD SHAHZAD
Chapter Head PCDA Punjab
Founder President LDF



DR. IJAZ ANWAR
Chapter Head PCDA Faisalabad
Founder General Secretary LDF

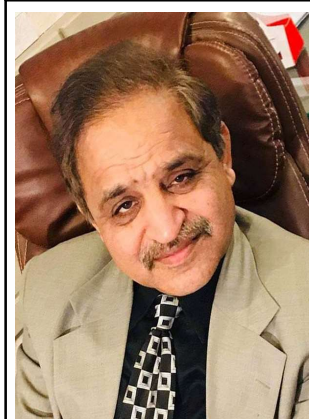
"The local chapters of PCDA and LDF are proud to host this diabetes conference, bringing together experts, practitioners, and policymakers. We believe that community-based efforts and local leadership play a pivotal role in addressing the diabetes crisis. This event exemplifies our commitment to patient care, education, and creating sustainable solutions. We are confident that this collaboration will lead to actionable insights and stronger networks in the fight against diabetes."



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"As a member of the scientific committee, I am honored to be part of this esteemed conference, where we will explore the latest advancements in diabetes research and clinical care. This platform allows us to collaborate and share knowledge that will ultimately benefit our patients. I believe that by fostering open dialogue between experts across disciplines, we can develop more effective, patient centered approaches to managing this complex disease."



PROF. DR. ABDUL HAFEEZ CH.
Scientific Committee Member



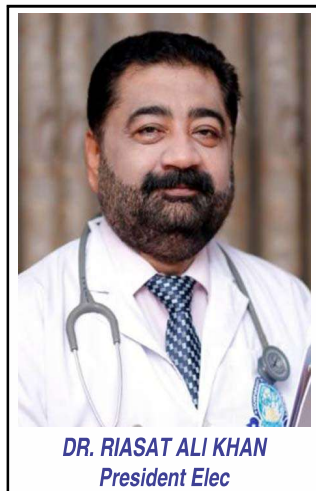
PROF. DR. ZY HASHMI
*Rtd. Principal Punjab Medical College
Chief Executive Allied Institution
Chairman Liver Trust
Incharge Medical Center*

"It is a privilege to serve on the organizing committee for such a significant event. Bringing together experts in diabetes care under one roof offers a unique opportunity to not only exchange ideas but also to inspire practical, actionable solutions. This conference is a testament to our collective determination to address the diabetes epidemic with innovation, collaboration, and unwavering dedication to improving patient outcomes."



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The Diabetes Pakistan Medical Conference is scheduled for November 1-2, 2024, in Faisalabad. This esteemed event is jointly organized by the Primary Care Diabetes Association (PCDA) and Layallpur Diabetes Foundation (LDF). We cordially invite all healthcare professionals to attend and share valuable insights. We eagerly await your participation.



2023 One Day Symposium Highlights



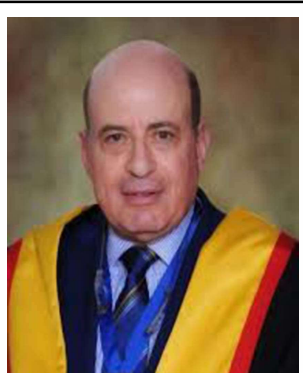
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"On behalf of the Pak-Korean Nutrition Centre, I am excited to be part of this collaborative effort to address diabetes through a multi disciplinary lens. Nutrition plays an integral role in the prevention and management of diabetes, and we look forward to sharing insights and strategies that blend the best of both traditional and modern approaches. Together with FMU, LDF, PCDA, and other partners, we are committed to advancing holistic healthcare solutions for diabetes."



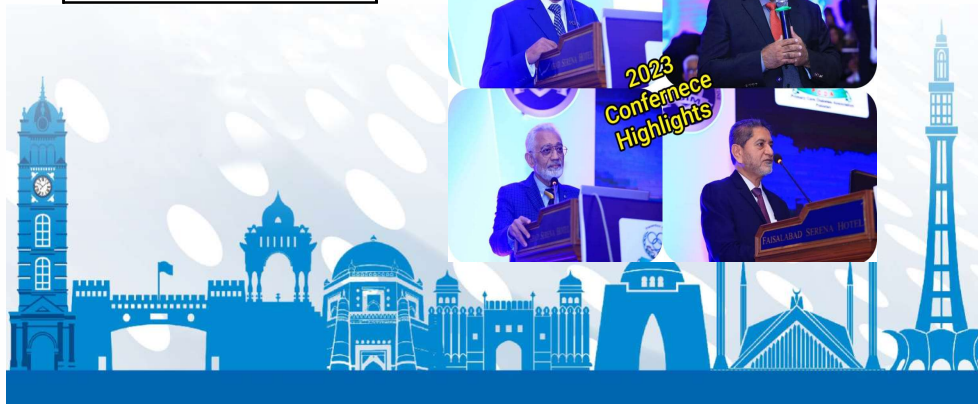
PROF. DR. HOORIA AAMIR
Focal Person of PKNC



PROF. HANY ETEIBA
(Guest of Honor)

PROF. HANY ETEIBA

MD, FRCP, FACC, FSCAI, FIACS
Consultant Interventional Cardiologist
Honorary Professor Glasgow University
Institute of Cardiovascular & Medical Sciences
Regional & National Medicine Director
Associate Medical Doctor
West of Scotland Heart & Lung Center
Golden Jubilee National Hospital



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Executive Members of LDF



*Dr. Imran Ullah Ch.
PCDA Tandlianwala
Chapter*



*Prof. Dr. M. Hanif Nagra
Former HOD Medical Unit
III, FMU Fsd.*



*Dr. Muhammad Yousaf
Ikraam*



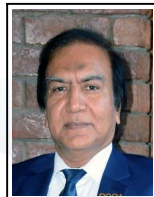
*Dr. Owais Fazal
Asso. Professor of Medicine
HOD Medical Unit III,
FMU Fsd.*



Dr. Muhammad Tariq



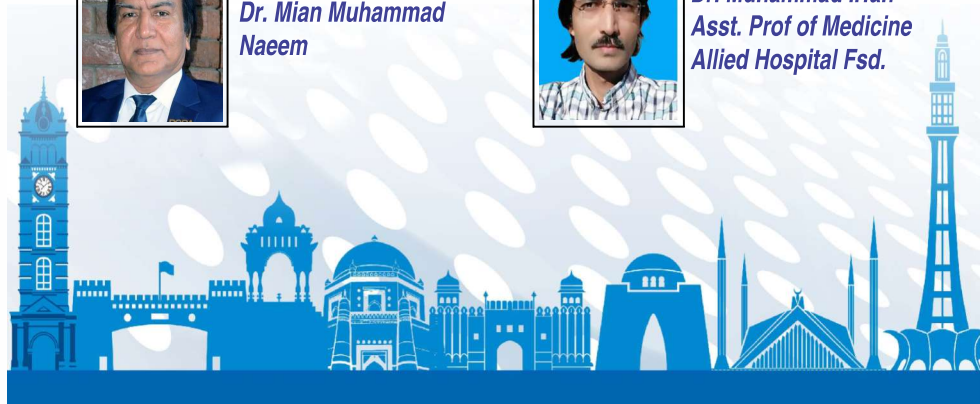
*Dr. Shahid Iqbal Gill
Kamalia*



*Dr. Mian Muhammad
Naeem*



*Dr. Muhammad Irfan
Asst. Prof of Medicine
Allied Hospital Fsd.*



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Dr. Maheen Shahzad



Dr. Muizza Shahzad



*Dr. Muhammad Masood
Ahmad*



Dr. Umair Khalid



Dr. Irfan Akhtar



*Dr. Ahmad Amin
Khan*



*Dr. Muhammad Zaheer
Senior Registrar
Allied Hospital Fsd.*



Salman Arain



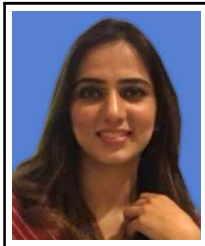
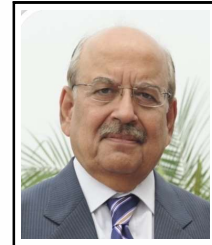
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INTRODUCTION OF SPEAKER'S DIABETES PAKISTAN CONFERENCE

PROF. DR. FARRUKH ZAMAN

Professor of Obstetrics & Gynaecology
Principal (PIMS Hospital Lahore)
Member of Council of CPSP
Member of the Team for the First IVF Baby of Pakistan
Dean (Rashid Latif Medical College Lahore)
Consultant Obstetrics & Gynaecologist
(Hameed Latif Hospital Lahore).

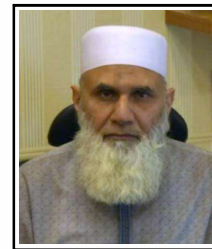


DR. UNEEBA SYED

MBBS, FCPs (Med), FCPS (Endo)
Assistant Professor of Endocrinology JAIDE, Lahore
President Elect (Punjab)
Executive Member of Pakistan Endocrine Society (PES)

PROF. DR. JAMAL ZAFAR

MBBS, FCPS,
Consultant Medicine & Diabetes Specialist
Chief Executive Hanif Medical Complex
Ex-Head of Department Pakistan Institute of Medical Sciences



PROF. DR. GHASUN NABI TAYYAB

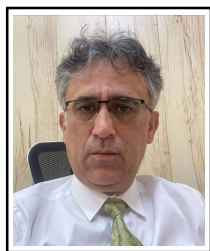
MBBS, MRCP (UK), FRCP (Edin), MD (USA), AGAF (USA)
He has been trained at various centers of significance in Pakistan, the UK, and the USA and is a Fellow of the College of Physicians & Surgeons, Pakistan, Royal College of Physicians, Edinburgh, a fellow of the American Gastroenterology Association, and a member of the American College of Gastroenterology. He has been a leader in innovative endoscopic procedures and has special expertise in ERCP, EUS guided interventions, Post liver transplant biliary complications, and POEM in Pakistan.

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PROF. DR. RUBINA SOHAIL

MBBS, MCPS (OB/GYN), FCPS (OB/GYN),
FRCOG (Addendum)
Professor of Obstetrics & Gynaecology & Consultant at
Hameed Latif Hospital Lahore.
Champion of Sexual and Reproductive Health and Rights
Pioneer of Kangaroo Mother Care in Pakistan
Deputy Chair of the Scientific Program Committee,
FIGO Conference Paris.



PROF. DR. JAHANZEB KHAN

MBBS, FCPS (Medicine)
Prof. Of Medicine in Bolan Medical College Quetta
Has special interest in diabetes & Metabolic Disorders and
many publications on the subject.

PROF. (R) DR. QAZI MASROOR

Medical Practitioner | Medical Educationist
Former Professor, HOD Medicine, Quaide-Azam (QAMC),
Bahawal Victoria Hospital (BVH), Civil Hospital, Bahawalpur
Examiner, College of Physicians & Surgeons, Pakistan
Examiner, University of Health Sciences, Lahore
Chairman Scientific Committee, Golden Jubilee Alumni,
QAMC, Bahawalpur



PROF. DR. KARIM KAMMER UD DIN

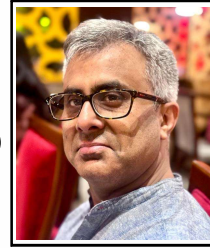
MBBS, FCPS (General Medicine)
Associate Dean Medicine at Baqai Medical University
Prof. Of Medicine & Incharge Medical Unit III at
Fatima Hospital Baqai Medical University Karachi
HRAB (Health Registry Advisory Board) of Pakistan
Pakistan Society of Study of Liver Disease (PSSLD)

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DR. AADIL SHAUKAT

MBBS, FCPS (Glasgow)
Consultant Cardiologist (Glasgow Royal Infirmary)
Interventional Cardiologist (West of Scotland Regional Heart
& Lung Centre, Golden Jubilee National Hospital Glasgow, UK)
Honorary Senior Lecturer (University of Glasgow)



PROF. DR. JAVED AKRAM

President (Pakistan Society of Internal Medicine)
Former Minister for Health and Ex-Vice Chancellor of the
University of Health Sciences Lahore.
Tamgha-e-Imtiaz

DR. ATEEQ UR REHMAN

BDS,
Consultant Endodontist PMC Dental Institute FMU
Root Canal Treatment,
Aesthetic Dentistry and Revascularization



DR. USMAN MUSHARRAF

MBBS, FCPS (Medicine), FCPS (Endocrinology)
Senior Registrar (Department of Medicine)
Allied Hospital Faisalabad.

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Family Physician



Pak Korea
Nutrition Center

Date:
1st - 2nd
November,
2024

Empowering Communities,
Advancing Care:
A Global Approach to
Diabetes Management

Venue;
Serena Hotel,
Faisalabad

PATRON

Prof. Dr. Aamir Shaukat
Prov V.C (FMU)

PROGRAM CHAIR

Prof. Dr. Zahid Yasin Hashmi
Prof. Dr. Abdul Hafeez Chaudhary
Prof. Dr. Hooria Aamir
Dr. Ahmad Shahzad
Dr. Riasat Ali Khan
Dr. Ijaz Anwar

Contact Conference Secretariat:

Email:
diabetes.pakfsd@gmail.com

WhatsApp Contact:

0313 599 1457



Scientific Chair:

Prof. Dr. Akmal Sharif
Prof. Dr. Khalid Amin
Prof. Dr. Amir Hussain
Prof. Dr. Shahid Rasool
Prof. Dr. Masood Ahmad
Prof. Dr. Shahid Abbass
Prof. Dr. Hamid Saeed
Prof. Dr. Badar Bashir
Prof. Dr. Mughess Athar
Prof. Yousaf Kamal
Prof. Dr. Muhammad Tufail
Dr. Rehan Riaz (Asso. Prof)
Dr. Hassan Akhtar Bukhari
Dr. Ilyas Shakir
Dr. Sohail Anjum
Dr. Usman Musharraf
Dr. Saeed Akhtar
Dr. Rai Arif
Dr. Soluat Nawaz
Dr. Atif Munir
Dr. Ghulam Shabbir
(President PMA)
Dr. Muhammad Saleem
(Kotli Azad Kashmir)

Registration Chair:

Prof. Dr. Khalid Mehmood Yahya
Prof. Dr. M. Hanif Nagra
Prof. Dr. Masood Javed
Ass. Prof. Dr. Amin Anjum
Dr. Tanveer Hussain
Dr. Imran Ullah Chaudhary
Dr. Shahid Iqbal Gill
Dr. Umair Ahmad (A.P)
Dr. Masood Ahmad
Dr. Yousaf Ikraam
Dr. Ansa Shahid

Publicity / Marketing Chair:

Dr. Owais Fazal (Asso. Prof)
Dr. Muhammad Arif (Asso. Prof)
Dr. Idrees Shani (Asso. Prof)
Dr. Muhammad Irfan (Ass. Prof)
Dr. Yasir Yaqoob (Ass. Prof)
Dr. Muhammad Naeem
Dr. Imran Ullah Chaudhary
Dr. Zeeshan Chughtai
Dr. Maroof Vaince

Exhibition Chair:

Dr. Amin Anjum (Asso. Prof)
Dr. Rizwan Rasool (Asso. Prof)
Dr. Imran Sultan
Dr. Khalid Mustafa
Dr. Amir Adil
Dr. Matloob Ahmad
Dr. Muhammad Ikram
Dr. Ilyas Bandehsa
Dr. Muizza Shahzad
Dr. Abdul Sattar Qureshi

Women Wing Chair:

Prof. Dr. Hooria Aamir
Dr. Maheen Shahzad
Dr. Muizza Shahzad
Dr. Ansa Shahid
Dr. Ayesha Izzat
Dr. Naila Shahid
Dr. Saima Irfan
Dr. Asia Ch.

Sponsorship Chair:

Dr. Ahmad Shahzad
Dr. Ijaz Anwer
Dr. Yousaf Ikram
Dr. Umair Khalid

Volunteer Chair:

Dr. Muhammad Tariq
Dr. Yousaf Ikram
Dr. Shahid Iqbal Gill
Dr. Muhammad Naeem
Dr. Imran Ullah Chaudhary
Dr. Irfan Akhtar
Dr. Masood Ahmad
Dr. Shahzad Tahir (Rwp)
Dr. Tahir Rasool (Lhr)
Dr. Sohail Tariq (Bwp)
Dr. Sohail Shoukat (Swl)
Dr. Irfan Shoukat (Mul)
Dr. Tanveer Ahmad (Sgd)
Dr. Muhammad Ikram
Dr. Muhammad Akram (MBD)

Non Physician Group:

Malik Manzoor
Shabbir Chawla
Haji Riaz Sheikh
Tariq Sattar
Mirza Aslam Baig
Engg. Faizan

Finance Chair:

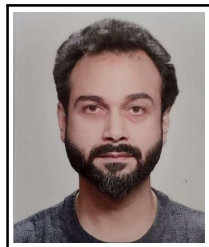
Dr. Ahmad Shahzad
Dr. Muhammad Tariq
Dr. Ijaz Anwer
Dr. Maheen Shahzad

Diabetes Pakistan

Metabolic Syndrome

DR. ALI ASGHAR

MBBS, MRCP (UK), FACE (USA), FRCP (Edin)
Assistant Professor | Department of Diabetes, Endocrinology
And Metabolism
President-Elect, Pakistan Endocrine society scientific Chair,
22nd Annual conference of Pakistan Endocrine Society



DR. MOHAMMAD ALI ARIF

MBBS, MRCP (UK), FCPS (Med), MRCPS (Glasgow)
FRCP(EDINBURGH), FRCP(Glasgow), CHPE (Med.Education)
Member-American Association fo Clinical Endocrinologist
Member-European Society of Endocrinologist
Associate Professor Medicine
Shahzad Zulfiqar Ali Bhutto Medical University
Consultant Physician / Medical Specialist & Diabetologist
Ali Medical Center

DR. MAFAUZY MOHAMED

MBBS (Adelaide), MRCP (UK), FRCP (Edinburgh)
Professor of Medicine and Senior Consultant Endocrinologist in
University Sains Malaysia. He was formerly the Assistant Vice
Chancellor, Director of Campus, Director of Hospital and Dean of
Medicine in the same university in Kelantan, Malaysia. He has been
Chief Editor of the Malaysian Journal of Medical Sciences, Journal of
ASEAN Federation of Endocrine Societies and Journal of Endocrinology
and Metabolism.



DR. HAMED FAROOQI

MD, FACP, FRCP, FACE, FRSPH
Director, Dubai Diabetes Center and Consultant Endocrinologist
Dr. Farooqi received his Internal Medicine training in New York
and then did his Endocrine Fellowship at Thomas Jefferson
University Hospital in Philadelphia. He is US Board Certified
both in Internal Medicine and Endocrinology and is a Fellow of
the American College of Endocrinology, the American College
of Physicians and the Royal College of Physicians, UK.

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PROF. DR. AFTAB MOHSIN

Senior Vice President PSIM
Board of Management, Gujranwala Medical College,
Gujranwala.
Former Principal Rashid Latif Medical College, Lahore.
Retired Prof. Of Medicine Allama Iqbal Medical College Lhr.



DR. BABAR RAFIQ KHAN

MBBS, FCPS
Prof. HOD (ENT PMC FMU)
Gold Medalist Endoscopic Skull Base Surgeon
Nose Cosmetic Surgeon
Member of Pakistan Society of Otorhinolaryngology.

PROF. (R) DR. SHAHID JAVAID AKHTAR

Former HOD Dermatology Faisalabad Medical University



DR. NEETA MAHESHWARY

Dr. Neeta Maheshwary is Head Medical Affairs at Helix Pharma private organization with extensive experience in local and multinational healthcare, corporate & academics settings. She has a bachelor's medical degree MBBS, an MBA & Mphil degree in Healthcare & hospital management. She is a certified clinical research professional from Canada and internationally trained on Good Clinical Practice guidelines & conducting sessions for the medical community for a decade. She is volunteering for various international projects on social, Telehealth & educational causes.

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DR. MUHAMMAD SOHAIL ANJUM

MBBS, FCPS, MRCP (London), CCST (Medicine)

Consultant Endocrinologist & Diabetologist

CCST Endocrinology (Registered in Higher Training in Endocrinology for FCPS.

Registered with Irish Committee of Higher Medical Training

Specialty Certificate of Endocrinology (SCE), RCP, UK

Certified in Obesity and Weight Management, Cardiff, UK



PROF. DR. MUGHEES ATHAR

FCPS (Internal Medicine), FCPS (Gastroenterology),
FRCP, MRCP

HOD Gastro Ward (Govt. Teaching Hospital G.M Abad Fsd)

Professor of Gastroenterology and Hepatology and Interventional
therapeutic Endoscopist.

PROF. DR. MASOOD SADIQ BUTT

PhD in Food Technology and Post Doc. from North Carolina
State University, Raleigh, USA.

Dean / Central Project Director PKNC

Faculty of Food, Nutrition & Home Sciences

University of Agriculture, Faisalabad, Pakistan



DR. SHEHLA JAVED AKRAM

MBBS, M.Phil (Public Health), Ph.D (Public Health)

Consultant Nutritionist

Chief Executive (Akram Medical Complex Lahore)

Chief Executive (J.S Developers)

Director (Akram Industry)

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DR. FAWAD AHMAD RANDHAWA

MCPS(Medicine), FCPS(Medicine), FCPS(Endocrinology),
FACE(USA), FRCP(London), FRCP(Edinburgh), MHPE(UHS)
Associate Prof. Of Endocrinology King Edward Medical University.
Ex-Vice -President and General Secretary of Pakistan Endocrine
Society (PES)



DR. UMAR YOUSAF RAJA

(MBBS, BSC (Hons), MRCP (UK), MRCP (Diabetes & Endocrinology)
FRCP (London) is a Consultant Endocrinologist based in Pakistan. He
trained from west midlands deanery, UK and has a special interest in
adolescence diabetes, type 1 Diabetes and emerging diabetes therapies
and technology. He works as a Consultant Physician in Diabetes and
Endocrinology at South Warwickshire Hospital NHS Foundation Trust,
Warwick UK. He was the lead consultant for Adolescence Diabetes Clinic,
Young Type 1 Diabetes clinic as well as Community Diabetes project at
Warwick before moving to Pakistan to work as Consultant Endocrinologist
& Head of Department at Shifa International Hospital Islamabad, Pakistan.

DR. ASIMA RIASAT

Vice President Primary Care Diabetes Association
HOD Sindh Government Hospital Liaquatabad
Public Health Program Director BIDE
PhD Scholar University of York UK



PROF. DR. SARDAR M. AL FAREED ZAFAR

MBBS, FCPS, FRCOG, (UK) MCE (Australia)
Masters (Test Tube Baby) Manash (Melbourne-Australia)
Fellowship Reproductive Endocrinology (Singapore) NUS
Principal Postgraduate Medical Institute / Ameer-ud Din
Medial Institute Lahore
President Pakistan Society of Gynecological Oncology
(PSOGO)
Founder - Vice Chancellor FMU Faisalabad.

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AGENDA - DAY I (1st November, 2024 Friday)

SERENA HOTEL FAISALABAD

Lunch by Pharvevo & LDF (2:00 – 2:25PM)

Moderator	DR. UMAIR KHALID	
TIME	TOPIC	CHAired BY:
2:30 - 2:55 PM	Hyperglycemia in Pregnancy Prof. Dr. Karim Kammer ud Din Sponsored By: Pharvevo	Prof. Dr. M. Naeem Prof. Dr. Amir Hussain Prof. Dr. Hanif Nagra Prof. Dr. M. Sarfraz Dr. Badar Al Mustafa Dr. Saida Nazir
3:00 – 3:25 PM	Diabetic Foot Prof. Dr. Jamal Zafar By Ferozsos	Prof. Dr. Zafar Ali Ch. Prof. Dr. Asim Shoukat Prof. Dr. Akmal Sharif Dr. Muhammad Arif Dr. Yousaf Ikraam
Moderator	DR. MUIZZA SHAHZAD	
3:30 – 3:55 PM	Oral Hygiene and Diabetes Prof. Dr. Attiq-ur-Rehman	Prof. Dr. Masood Javaid Prof. Dr. Badar Bashir Prof. Dr. Maqsood Ahmad
4:00 – 4:15 PM	Global Perspective Of Mucormycosis In DM Prof. Dr. Babar Rafiq Khan	Prof. Dr. Mughees Athar Dr. Usman Shahid (PCDA)
Moderator	DR. YOUSAF IKRAAM	
4:20 – 4:45 PM	T2DM-A less is more approach with iGlarLixi Dr. Uneeba Syed	Prof. Dr. Naveed ur Rehman Prof. Dr. Zahid Miyan Prof. Dr. Zikriya Dr. M. Idrees Shani Dr. Tanveer Hussain
4:50 – 5:15 PM	Mother of all Disease obesity Cardio-Renal Metabolism Prof. Dr. Yusuf Kamal By Macter International / Atco	Prof. Dr. Z.Y. Hashmi Prof. Dr. Saleem (AJK) Prof. Dr. Shahid Abbas Prof. Dr. Rizwan Zafar (LHR) Dr. Badar Al Mustafa (KSA) Dr. Shahid Gill

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INAUGURAL & SCIENTIFIC SESSION

(1st November, 2024 Friday)

7:00PM at Quilim Marquee West Canal Road, Faisalabad.

Moderator	DR. OWAIS FAZAL DR. MUHAMMAD IRFAN	
7:15 PM	Guest to be Seated	
7:20 PM	Recitation of Holy Quran	Engr. Dr. Faizan Hassan
7:25 PM	Naat Sharif (Wo Shehr-e-Mohabbat)	Zohaib Ashrafi
7:30 – 7:35 PM	PCDA President Address	Dr. Zahid Miyan (President PCDA) / Dr. Riasat Ali Khan (President Elect)
7:35 – 7:40 PM	PKNC Introduction	Prof. Dr. Hooria Aamir Dean Basic Sciences, FMU, Focal Person Punjab PKNC Project, Pak
7:40 – 7:45 PM	PSIM Address	Prof. Dr. Aftab Mohsin (S.V.President PSIM)
7:45 – 7:55 PM	LDF & PCDA Vision 2030	Dr. Ahmad Shahzad (Chapter Head PCDA Punjab, President LDF)
7:55 – 8:00 PM	President Royal College of Physician Glasgow NHS (Message)	Dr. Aadil Shaukat Consultant Cardiologist Glasgow Royal Infirmary & West of Scotland Regional Heart & Lung Centre Golden Jubilee National Hospital Glasgow, UK
8:00 – 8:10 PM	Pro V.C (FMU) & LDF Patron Address	Prof. Dr. Aamir Shaukat Pro Vice Chancellor FMU, Dean of Medicine & Allied Specialities, Dean of Post Graduate Sciences, FMU
8:10 – 8:20 PM	VC FMU Address	Prof. Dr. Zafar Ali Ch. (VC FMU) Tamgha-e-Imtiaz
8:20 – 8:55 PM	Address by Chief Guest State of Art Lecture Good Bye Insulin T2DM	Prof. Dr. Javed Akram Founding President PSIM Former Minister of Health Govt. Of Punjab Former V.Chancellor of University of Health Sciences Tamgha-e-Imtiaz
8:55 – 9:20 PM	Lyallpur Diabetes Foundation (LDF) Launching Ceremony & Shield Distribution to Pharma Companies and Vote of Thanks by Dr. Ijaz Anwar	Prof. Dr. Aamir Shoukat Dr. Ijaz Anwar Dr. Ahmad Shahzad
	Gala Dinner and Musical Event	

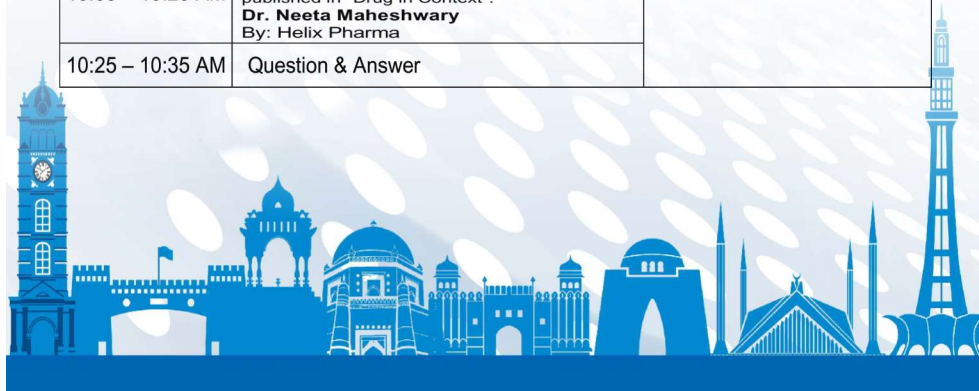
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AGENDA - DAY II (HALL 1)
(2nd November, 2024 Saturday)
 SERENA HOTEL FAISALABAD

Meet the expert Prof. Dr. Yousaf Kamal at Breakfast Session (7:30 – 8:20am)

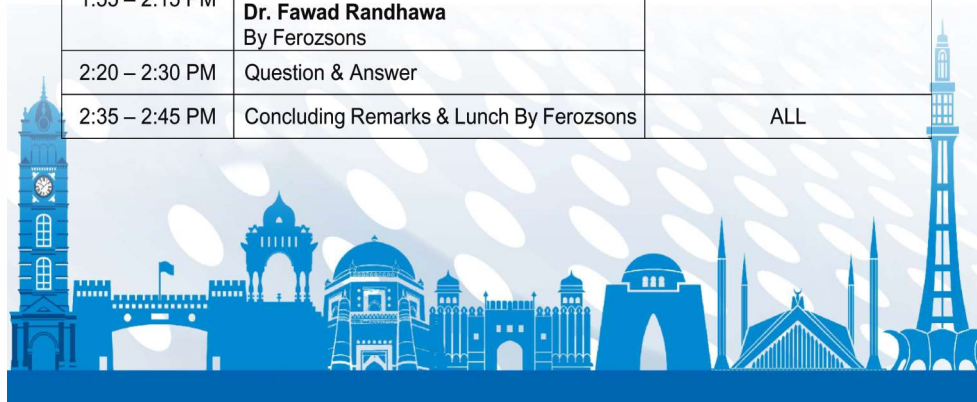
Moderator	DR. YASIR YAQOOB	
TIME	TOPIC & SPEAKER	CHAired BY
SESSION I		
8:30 AM	Recitation of Holy Quran	
8:35 AM	Naat Sharif	
8:40 AM	National Anthem	
8:45 – 9:00 AM	Diabetes Care and Health Disparities and Health Inequity Greater Role of Health Care Professionals. Prof. Dr. Aftab Mohsin	Prof. Dr. M. Tufail Prof. Dr. Badar Bashir Dr. Badar Al Mustafa (KSA) Dr. Ilyas Shakir Dr. Bilal Javaid
9:05 – 9:20 AM	Pathogenic Mechanisms in Diabetes Mellitus Prof. Dr. Javed Akram	
9:25 – 9:40 AM	Evolving Pathophysiology of Diabetes & CKD and Its Management Prof. Dr. Qazi Masroor By: Nabi Qasim	
9:45 – 10:00 AM	Triple Combination Therapy for Type 2 Diabetes: Achieving Superior Control with Enhanced Patient Compliance Dr. Ali Asghar By: Horizon Pharma	
10:05 – 10:20 AM	RELIEF Trial: A multi centre RWE trail investigating the Efficacy and safety of Itopride SR (150 mg) in Diabetic Gastroparesis published in "Drug in Context". Dr. Neeta Maheshwary By: Helix Pharma	
10:25 – 10:35 AM	Question & Answer	



Diabetes Pakistan

Metabolic Syndrome

Moderator	DR. MUHAMMAD IRFAN	
SESSION II		
10:40 – 10:55 AM	Imeglimin – A Novel & Promising Pharmacological Agent Treatment of T2DM Dr. Zahid Miyan By: Horizon Pharma	Prof. Dr. Zafar Ali Ch. Prof. Dr. Rizwan Zafar
11:00 – 11:15 AM	Prevention & Management Strategies of Hypertension in Diabetes Mellitus Prof. Dr. Jahanzaib (Quetta)	Prof. Dr. K.M Yahya Dr. Hassan Akhtar Bukhari
11:20 – 11:35 AM	Expanding Horizons for Holistic T2D Management with IDegAsp Prof. Mafauzy Mohamed (Malaysia)	Dr. Rai Arif
11:40 – 11:55 AM	Question & Answer	
11:55 – 12:10 PM	TEA BREAK	By: Medlife Pharma
Moderator	DR. IDREES SHANI	
SESSION III		
12:15 – 12:35 PM	Diabetes and Chronic Coronary Syndrome - time for action Prof. Dr. Aadil Shaukat (NHS Glasgow)	Prof. Dr. Abdul Hafeez Ch. Prof. Dr. Hamid Saeed Prof. Dr. Akmal Sharif Prof. Dr. M. Naeem Aslam Prof. Dr. Naresh Kumar Khurana
12:40 – 1:00 PM	T2DM & MASLD An Ominous Nexus Prof. Dr. Zahid Yasin Hashmi	
1:05 – 1:25 PM	Time In Range And Its Implementation In Chronic Care Model Prof. Dr. Aamir Shaukat (Pro VC FMU)	
1:30 – 1:50 PM	Metabolic interplay between T2DM and CVD ;Transitioning from Glucocentricity To a complication Centre approach Dr. Hamed Farooqi Director (Dubai Diabetes Center) Highnoon Sponsored Satellite Symposium	
1:55 – 2:15 PM	Addressing the hallmark of Metabolic Disorders with Novel GLP-1 Semaglutide Dr. Fawad Randhawa By Ferozsos	
2:20 – 2:30 PM	Question & Answer	
2:35 – 2:45 PM	Concluding Remarks & Lunch By Ferozsos	ALL

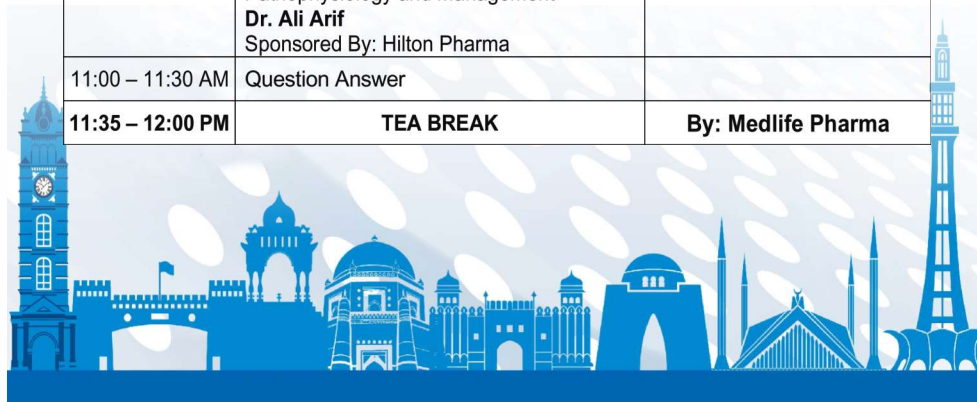


Diabetes Pakistan

Metabolic Syndrome

AGENDA - DAY II (HALL 2)
(2nd November, 2024 Saturday)
 SERENA HOTEL FAISALABAD

Moderator	DR. MAHEEN SHAHZAD	
TIME	TOPIC & SPEAKER	CHAired BY
SESSION I		
8:30 AM	Recitation of Holy Quran	
8:35 AM	Naat Sharif	
8:40 AM	National Anthem	
8:45 – 9:00 AM	Diabetes in Pakistan, Trends, Challenges & Future Directions in Epidemiology Dr. Aasima Riasat	Prof. Dr. M. Naeem Prof. Dr. Amir Hussain Prof. Dr. Shahid Rasool Prof. Dr. Khalid Pervaiz Dr. Altaf Ahmad Cheema
9:05 – 9:20 AM	Nutritional Management of Diabetes Dr. Shehla Akram (Ph.D)	
9:25 – 9:40 AM	Hypoglycemia Management Dr. Usman Musharraf	
9:45 – 9:55 AM	Role of Lifestyle Interventions In Managing GDM Prof. Dr. Hooria Aamir	
10:00 – 10:10 AM	Nutrition NIFSAD Prof. Dr. Masood Butt	
10:15 – 10:30 AM	Therapeutic Inertia in Management of T2DM Dr. Sohail Anjum	
10:35 – 10:45 AM	Beyond Diabetes: Uncovering the Hidden Connections Prof. Dr. Qamar Masood	
10:50 – 10:55 AM	The Interplay Between Obesity, Metabolic Syndrome, and Gestational Diabetes Mellitus: Recent Advances in Pathophysiology and Management Dr. Ali Arif Sponsored By: Hilton Pharma	
11:00 – 11:30 AM	Question Answer	
11:35 – 12:00 PM	TEA BREAK	By: Medlife Pharma



Diabetes Pakistan

Metabolic Syndrome

Moderator	DR. AYESHA AYUB	
SESSION II		
12:05 – 12:20 PM	G.I Manifestations of Diabetes Prof. Dr. Mughees Athar	Prof. Dr. Sardar Muhammad Al Fareed Zafar Prof. Dr. Khalid Amin Prof. Dr. Shazia Shaheen Prof. Dr. Arif Maan Dr. M. Farid ud Din (PCDA)
12:25 – 12:40 PM	Optimizing the Game Changer to Overcome the Clinical Barriers Prof. Dr. Karim Kammer ud Din Sponsored By: Pharmevo	
12:45 – 01:00 PM	Cutaneous Manifestations of Diabetes Prof. Dr. Shahid Javed Akhtar Sponsored By: Cell Laboratories	
01:05 – 01:20 PM	Transforming Weight Management Liraglutide 3.0mg Prof. Dr. Ghias Un Nabi Tayyab Sponsored By Novo Nordisk	
Moderator	DR. AMIN ANJUM	
SESSION III		
1:25 – 1:40 PM	Embarking On New Journey; Impact Of Weight Loss On PCOS Dr. Umar Yousaf Raja (Endocrinologist)	Prof. Dr. Tasneem Tahira Prof. Dr. Noureen Bilal Prof. Dr. Mubashara Prof. Dr. Nadia Awais Prof. Dr. Nazia Musarrat
1:45 – 2:00 PM	Pregnancy & Diabetes – Screening and Implications Prof. Dr. Robina Sohail	
2:05 – 2:20 PM	PCOS and Metabolic Syndrome Prof. Dr. Sardar M. Al Fareed Zafar	
2:25 – 2:40 PM	Pregnancy & Diabetes – Management Issues Prof. Dr. Farrukh Zaman	
2:45 PM	Concluding Remarks & Lunch By Ferozsans	ALL



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